Intercultural Understanding across the Health Care Disciplines JAPAN STUDY ABROAD

Summer I 2016, EALC E351

Open to Undergraduates in the Japan: Health Care Professions

Tue & Thu 10:00 – 11:50 am (NU233)

Professor:

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Course Description:

We live in an age where technological, political, and economic factors have come together to create a world in which people from different cultures interact with one another on a regular basis. To function in this ever-changing world, we each need to develop the ability to communicate effectively with people whose beliefs, attitudes, and behaviors are totally different from ours. In this course, we will explore the relationship between communication and culture. Specifically, we will examine three aspects of this relationship: 1) We will explore the ways in which one culture's perceptions of another are shaped through interaction, 2) we will discover the ways in which culture is created and sustained through communication, and 3) we will discuss the ways in which culture constrains or shapes communication and behavior in general, with a particular focus on the health care professions.

The course will provide students with a cultural immersion experience that will prepare them to live and work in a society that is culturally different from their own. As a result of this experience, students will have a greater understanding of their own culture and that of eastern cultures, and Japan in particular. To meet this end, students will be immersed in Japanese culture while exploring in depth it's communication and cultural patterns in health care (nursing, medicine, mental health, social work, public health). While our home base will be the Friends Center in Tokyo, we will make a 3-day excursion to Kyoto and Hiroshima. In Hiroshima, students will visit the Hiroshima Peace Memorial Museum and the Radiation Effect Research Foundation. They will also listen to testimonials of A-bomb survivors. Our course is certified as a Hiroshima - Nagasaki Peace Study Course by the cities of Hiroshima and Nagasaki and the Hiroshima Peace Culture Foundation since the Hiroshima field trip is dedicated to peace study.

Course Objectives:

In keeping with the goals outlined above, this class has several specific learning objectives. Through the completion of this class, you should:

1. Develop an understanding of and appreciation for underlying dimensions of cultural variability.

- 2. Understand the role communication plays in shaping cultural values, beliefs, and practices.
- 3. Develop an awareness of the ways in which your own culture is shaped through communication and shapes the way you communicate, both verbally and non-verbally.
- Understand the relationship between communication and culture in a variety of healthcare disciplines and contexts, including nursing, medicine, social work, psychology and public health.
- 5. Develop competencies needed to become more effective intercultural communicators and health care professionals.

PULS: Understanding Society and Culture Intellectual Depth, Breadth, and Adaptiveness

RISE: International

Texts:

Reading materials and reference data are available in the Modules section of Canvas

Some Class rules:

All students are expected to be prepared and present for class, and to participate in class and group discussions whether on line or in person.

The focus, when we are together in class is on face-to-face sharing. The primary benefits from the course come from discussion among students. No Electronics. No texting. All cell phones turned off during class; no laptops open during class.

Grading:

The grade will be based on attendance and participation, assignments, your e-portfolio, and a final report (one part focused on the student's health profession of interest, and the other part is a summary and critique of cross-cultural learning).

It is very important that you attend every class and keep up with the reading so that you can participate fully in class discussions. You must post at least one question or comment on each reading in the Discussions section of Canvas, and come prepared to discuss your question or comment in class.

Coming to class and checking Canvas information regularly are your responsibilities to keep informed about what is going on in class. Class performance will be graded on the basis of the following criteria.

Attendance and Participation:

5 points: well-prepared, excellent performance
4 points: well-prepared, good performance
3 points: well-prepared, passing performance

2 points: evidence of preparation, but not as a satisfactory level

1 point: present, but unprepared

0 point: absent

Assignments will be graded as follows:

Assignment:

V+	(3pts)	Submitted on time and fully satisfactory
V	(2pts)	Submitted on time but not fully satisfactory
V-	(1pt)	Submitted on time but poorly done
V-	(1pt)	Submitted after class, one class late or two classes late and fully
		Satisfactory
V-	(1pt)	Submitted after class, one class late or two classes late but not
		fully satisfactory
0	(0 pts)	Submitted after two classes

Grading Scale:

A +	Above 98	С	73 – 74
Α	93 - 97	C-	69 – 72
A-	89 – 92	D+	65 – 68
B+	85 – 88	D	63 – 64
В	83 – 84	D-	59 – 62
B-	79 – 82	F	Below 59
C+	75 – 78		

• Attendance, participation, culturally sensitive behavior, personal responsibility:	20%
 Assignments: Report, Posting on discussion questions based on readings: 	15%
 Personal blog (Taskstream: e-portfolio on Canvas, communication, culture, 	
experiences notes in Japan)	30%
• Final paper (1000 words): What did you learn about Japan, your	
profession, your own culture and yourself?:	35%

Schedule Overview (tentative)

<u>Class meetings in the U.S.</u>: Tuesdays and Thursdays 10:00 – 11:50 a.m. (NU 223) <u>In Japan</u> (14 days, leaving June 5, arriving June 6, returning June 19)

Schedule in the U.S.

Preparation	Class Activity
Bring Plane Ticket and Passport	May 12 th (Thursday): Orientation to the course; Orientation to living in Japan – dress, luggage, behavior safety, etc. Introduction to Japanese language/phrases JR Pass (Kuriyama)
Read: Song without Words (Canvas)	May 17 th (Tuesday): discuss <i>Song without Words</i> Japanese language/phrases – Greetings Meeting with Japanese guests (submit a report) (Kuriyama)

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Read: Check the course module on Canvas (three materials)

May 19th (Thursday): Speaker: Dr. Mary Elizabeth Riner,

Nursing in the Development World

Read: The Future of Japan's Health System (Canvas)

May 24th (Tuesday): 2015 Students Q&A Panel Session.

Guest Speaker: Dr. Tasuyoshi Kono,

Title: Medicine and Health Care System in Japan

Japanese language/phrases – Greetings (only if we have

time)

May 26th (Thursday): Guest Speaker: Dr. David Ryusuke Read: none

Okano, Title: Medical systems and Physician training in US

and Japan

Japanese language/phrases – Useful Expressions (only if we

have time)

May 31st (Tuesday): Tour of IU Methodist Hospital Read; none

led by Student Assistant Ruth Butler

June 2nd (Tuesday): 2015 Students Q&A Panel Session. Read: none

Guest Speaker: Dr. Makoto Kataoka,

Title: Hospitals and Clinics in US and Japan

Japanese language/phrases – Useful Expressions, safety

review final plans (only if we have time)

Schedule in Japan

June 5th/6th Leave for Japan; Arrive Monday, June 6th (1:55 pm). Introduction to Sun/Mon

Friends' Center and sleeping arrangements. (buy breakfast)

June 7th Introduction to neighborhood and to Tokyo; subway/train system; grocery Tues shopping; Sengakuji Temple; Reserve shinkansen tickets at JR Shibuya station

Dinner at small shops near train station, Evening Reflection Group (7 - 8:30pm).

June 8th Juntendo University, Urayasu Campus, Nursing School, small group seminars, Wed class observations, campus tour, Luncheon session, introducing each other,

Introduction on Juntendo Univ, Q & A and IU Nursing School, Q & A (8:30 - 1:45)

pm)

June 9th Juntendo University Hospital, Urayasu Campus, Tour of Juntendo University Thurs

Hospital and Emergency Department ending mid afternoon, Lunch with Juntendo

University Faculty members

June 10 th Fri	Moriane Jyosanin 1 ½ hr trip: meet Mayumi Taguchi (midwife) at Moriane Jyosan-in (2:00-4:00), Evening Reflection Group (7 - 8:30pm).
June 11 th Sat	Free day: visit and tour parts of Tokyo.
June 12 th Sun	Travel by Shinkansen to Hiroshima (6:34-11:26); Lunch at Serenade, B2 floor, Hiroshima International Conference Center, Visit Peace Memorial Park & Hiroshima Peace Memorial Museum (hosted by Hiroshima Peace Culture Foundation), Atomic bomb survivor testimonial (Ms.Ogura) (1:00-6:00), Introduction to accommodations at Hiroshima International Youth House
June 13 th Mon	Visit Hiroshima Radiation Effect Research Foundation, Funairi Mutsumien (Senior Housing Center) & Travel to Kyoto in the early evening; Introduction to accommodation at Hotel Station Kyoto near JR Kyoto Station
June 14 th Tue	Visit Kinkakuji Temple/Golden Pavillion, Daitoku Temple (Zazen an Tea ceremony), Kiyomizu Temple, Japanese crafts store
June 15 th	Free day at Kyoto (Recommended: Japanese crafts store and Fushimi inari taisha), Return to Tokyo by Shinkansen (5:33-8:03), Evening Reflection Group (8:30-9:00 pm)
June 16 th Thurs	Morning free, Waseda University Center for Advanced Biomedical Science (TWIns), 2-5pm, (take info about IUPUI Biomedical Research to present)
June 17 th Fri	Guest Speaker, Ms. Chie Sawa, counseling and social work (10:00-12:00) Finishing up project/paper
June 18 th Sat	Finishing up project/paper, packing, Final dinner celebration at Tamachi batake Shabushabu
June 19 st Sun	AM: Pack and Check out, Return to the U.S. (Indianapolis 5:27pm)
June 22 th Wed	Final paper and e-portfolio due